

News release

VISIT TO RELATE CAMBRIDGE BY DR JULIAN HUPPERT MP MONDAY 2ND FEBRUARY

Relate Cambridge recently invited Dr Huppert to visit its centre in Brooklands Avenue to see for himself the work we do in supporting Cambridgeshire's relationships.

We supported 5053 people in 2013-2014 across Cambridgeshire (excluding Peterborough). We are firmly convinced that our work makes a huge difference to individuals and society more widely - an independent evaluation commissioned by the Department for Education showed that Relate's couple counselling delivers an estimated benefit of **£11.40** for every £1 spent.

We are, therefore, delighted to have the opportunity to welcome Julian on Monday 2nd February, when he will have the chance to learn more about the vital work we do and discuss in detail the Relationships Alliance. A consortium of relationship support charities, Relate, One Plus One, Marriage Care and the Tavistock Centre for Couple Relationships – have launched the *Relationships Manifesto*. The document sets out clear and achievable actions that policy makers can take to help strengthen the quality of the nation's relationships.

To find out more about Julian's visit, please contact Elaine Taylor on 01302 347712.

ENDS

For all media enquiries contact Elaine Taylor on **01302 347712**
LIKE us on Facebook at <http://www.facebook.com/RelateCambridge>

Relate Cambridge – supporting relationships at every stage of your life

Notes to editors:

- Relate champions the importance of strong and healthy relationships as the basis of a thriving society.
- Relationships are under increasing pressure – breakdown costs the UK an estimated £46bn each year.
- Relate provides impartial and non-judgmental support for people of all ages, at all stages of couple, family and social relationships.
- Over a million people every year access information, support and counselling from Relate but it's clear many more would benefit from Relate services.
- Relate's couple counselling work delivers an estimated £11.40 of benefits for every £1 spent.
- Relate's services extend beyond relationship counselling to family counselling, counselling for young people, sex therapy and informal courses and workshops and are offered through a network of around 1,700 counsellors across the country.
- Relate celebrated its 75th birthday last year.
- For more information and advice visit: www.relate.org.uk.