

Two new Ambassadors for Relate Cambridge



Relate ambassador assists Relate Cambridge with new initiative called Gender and Sexual Relationship Diversity

Rob's interest in Relate Cambridge stems from being involved with the production of two promotional videos commissioned by the charity. Rob said 'It was a pleasure to be involved in the making of two promotional videos. The filming days were long and tiring, but really good fun and it was heartening to see that so many people had given up their free time to come along and help'.

Rob went on to say 'I am proud to be accepted as an ambassador for Relate Cambridge. The charity provides an exemplary service to the community that not just focuses on supporting married couples but extends to all types of relationships, from early years to later in life. Relate Cambridge has shown the support it provides to families and individuals is invaluable. This has been proven by the charity's huge expansion in recent years, extending support by setting up outposts in various towns and cities across Cambridgeshire'.

Rob is currently assisting Relate Cambridge with a new initiative called Gender and Sexual Relationship Diversity - GSRD. The purpose of this group is to embrace the changing world of relationships, raise awareness and provide ongoing training and support for counsellors who are working with an increasingly diverse client base, refining their expertise in order to provide the best possible support to those individuals.

*Former Relate Cambridge employee will stay connected to the charity
and is becoming an Ambassador*



Lucy previously worked for Relate Cambridge in the admin team for 2 years as the lead administrator from 2015 - 2017 and knows the organisation inside out. She is passionate about the charity sector, and continues to work for a non for profit organisation in marketing and communications. Lucy also has a BA (hons) in English Literature from The University of Sheffield.

Claire Godward, Centre Director at Relate Cambridge said: we are delighted to continue to have Lucy's input, and it will be great to see her at key events and that she remains part of the Relate family'

Lucy enjoyed working at Relate so much that she is extremely pleased to stay within the organisation through her role as ambassador. She looks forward to spreading the word about Relate Cambridge and their services to that people who would benefit can be reached. One of her many highlights during her time working with Relate was singing in the Relate Cambridge Choir at the National AGM in 2017.

Lucy said: "I am extremely delighted to be able to continue working with Relate Cambridge. The services they provide helps so many people, and I feel privileged to be a part of facilitating that. In my role as ambassador I hope to showcase the broad services, and break certain misconceptions about Relate being a marriage guidance charity, when it is so much more."

**For all media enquiries contact us [01302 347712](tel:01302347712). For case studies and pictures contact Sarah Osmik on 020 7554 7892 or sarah.osmik@relate.org.uk.
For urgent out of hours enquiries call 07875 049415.**

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www.relatecambridge.org.uk

Relate Cambridge – supporting relationships at every stage of your life

ENDS

Notes to editors:

- Work with us at Relate Cambridge – we currently have vacancies for Trustees and volunteer receptionists.
- Relationships are the beating heart of our lives – when they aren't healthy, we suffer. That's why Relate, the UK's leading relationship support charity, is here to help.
- Relate champions the importance of strong and healthy relationships for all as the basis of a thriving society.
- Nearly 3 million people in the UK are in distressed relationships – that's 1.4 million families at breaking point.
- Relate's work helps prevent loneliness, depression, abuse, homelessness, debt and many other life-shattering events that can happen when relationships go wrong.
- Relate's non-judgmental services helped more than 1.5 million people last year, of all backgrounds and sexual orientations.
- Relate will celebrate its 80th birthday in 2018.
- Visit relate.org.uk or call 0300 100 1234 to find out more.
- Relate is a registered charity number 207314.