



News release

Relate Cambridge is opening a new outpost in Stamford

Relate is the biggest and best provider of relationship support in the UK. Relate Cambridge makes a difference to the lives and relationships of people living and working in the Cambridgeshire region. Communication difficulties, influences from the past, difficult life events, parenting problems, resolving conflict or dealing with a crisis, can all place quite a strain on relationships.

As part of our recent expansion into the Fenland area, Relate Cambridge is opening a new outpost in Stamford to meet demand. Other local venues include Peterborough Central Library and Awdry House in Wisbech.

Claire Godward, Centre Director of Relate Cambridge said: ‘Relate Cambridge supports individuals, couples, families, children and young people. We are growing and experiencing tremendous results. Claire went on to say, “We recently received this feedback from one of our clients: *‘Relate saved my marriage and my life. I owe a debt of gratitude to the whole team. If you think you need counselling, you probably do. Don't wait until everything falls apart. Go talk to the team today’*”.

The sessions in Stamford will be held at Stamford Arts Centre, 27 St Mary, PE9 2DL from **1st June on Thursdays from 6 – 8pm**

For more information or to book an appointment, contact Relate Cambridge on 01223 357424 Mon-Thur 8am-10pm, Fri 8 am-6pm, Sat 9am-5pm (confidential answerphone at all other times).

For all media enquiries contact Elaine Taylor on 01302 347712

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www.relatecambridge.org.uk

Relate Cambridge – supporting relationships at every stage of your life

Notes to editors:

- Relationships are under increasing pressure – breakdown costs the UK an estimated £48bn each year.
- Relate champions the importance of strong and healthy relationships as the basis of a thriving society.
- Relate provides impartial and non-judgmental support for people of all ages, at all stages of couple, family and social relationships.
- Over a million people every year access information, support and counselling from Relate but its clear many more would benefit from Relate services.
- Relate’s couple counselling work delivers an estimated £11.40 of benefits for every £1 spent.
- Relate’s services extend beyond relationship counselling to family counselling, counselling for young people, sex therapy and informal courses and workshops and are offered through a network of around 1,700 counsellors across the country.
- Relate Cambridge celebrated its 70th birthday in 2015.
- For more information and advice visit: www.relatecambridge.org.uk