

## **RELATE CAMBRIDGE CELEBRATED ITS 70TH BIRTHDAY WITH A SPECTACULAR GARDENING EXTRAVAGANZA AT THE WEEKEND**

Relate Cambridge, the region's relationship support charity, celebrated its 70<sup>th</sup> birthday during a fundraising event, in conjunction with NSPCC Cambridgeshire, which was held in the beautiful setting of the Bishop's Marquee & rose garden at The Bishop's House Ely on Saturday.

On a glorious sunny afternoon in June - the theme was all about flowers. The afternoon began with a gardening expert panel, with well known local gardening personalities including Peter Jackson the Horticultural Advisor at Scotsdales, Richard Gant Head Gardener of Madingley Hall, Sylvia Newman of Sylvia Newman Garden Design, and Gill Chamberlain of Garden Rescue and a Lecturer at the University of Cambridge Botanical Gardens. After this, delicious homemade cream teas were served. Musical entertainment was provided by Ellie Winter, who is a musician from local band Tape Runs Out, playing an instrument called the Hammered Dulcimer, a folk instrument played all around the world.

After tea there was a special flower arranging demonstration by Judy Wynn and Ann Middleton. Judy is Chairman of NAFAS, the National Association of Flower Arrangers Society and she is also Chairman of flower arrangers at the cathedral, as she was when they had their recent Flower Festival. Ann Middleton grew up with a big garden with lots of flowers. She started going to flower arranging classes in the 60s and joined City of Ely Flower club in 1978. The afternoon ended with a raffle and mini-auction of the arrangements.

While the flowers were being arranged, the sound of the choristers rehearsing in the cathedral drifted across the lawn, which simply added the final touch to what was a quintessentially British occasion.

Quote from Relate: Elaine Taylor from Relate Cambridge said: 'We were delighted to be able to share this fundraising experience with the NSPCC in such an amazing setting. The beautiful weather contributed to what was a perfect afternoon, and the vital funds raised to support our work added to the overall success of the occasion'.

Quote from NSPCC: Kate Armstrong from NSPCC Cambridgeshire Branch said: "The event was a sell-out and we would like to thank all those who supported it, including our wonderful gardening panel, musician and floral arrangers. We were most grateful to the Lord Bishop of Ely for kindly allowing the charities to hold the event in the grounds of his private house. Funds raised will go towards NSPCC and ChildLine Projects in this region."

Relate Cambridge offers information, advice and counselling for all stages of your relationships, including counselling for couples and sex therapy. For further information about our work at the heart of the Cambridge community, call us on 01223 357424 or visit [www.relatecambridge.org.uk](http://www.relatecambridge.org.uk) .

Follow this link for more information about our 70<sup>th</sup> birthday celebrations and details of our spectacular fundraising event: [www.relatecambridge.org.uk/ely](http://www.relatecambridge.org.uk/ely).

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For all media enquiries - please contact Elaine Taylor on **01302 347712**

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### **Relate Cambridge – supporting relationships at every stage of your life**

#### **Notes to editors:**

The NSPCC is the only children's charity fighting to end child abuse in the UK and Channel Islands. Using voluntary donations, which make up more than 90 per cent of our funding, we help children who've been abused to rebuild their lives, we protect children at risk, and we find the best ways of preventing child abuse from ever happening. So when a child needs a helping hand, we'll be there. When parents are finding it tough, we'll help. When laws need to change, or governments need to do more, we won't give up until things improve. Our ChildLine service provides a safe, confidential place for children with no one else to turn to, whatever their worry, whenever they need help. Children can contact ChildLine 24 hours a day, 365 days a year on 0800 1111 or by visiting [www.childline.org.uk](http://www.childline.org.uk) Our free helpline provides adults with a place they can get advice and support, share their concerns about a child or get general information about child protection. Adults can contact the helpline 24 hours a day, 365 days a year on 0808 800 5000, by texting 88858 or visiting [www.nspcc.org.uk](http://www.nspcc.org.uk)

- Relate champions the importance of strong and healthy relationships as the basis of a thriving society.
- Personal and social relationships are important in our everyday lives and are central to our wellbeing.
- Relationships are under increasing pressure - breakdown costs the UK economy £44 billion each year according to the Relationships Foundation.
- Over a million people every year access information, support and counselling from Relate but it's clear many more would benefit from Relate services.
- Relate's services extend beyond relationship counselling to family counselling, counselling for young people, sex therapy and informal courses and workshops and are offered through a network of 2,000 counsellors across the country.
- Relate celebrates its 75<sup>th</sup> birthday this year
- For more information and advice visit: [www.relate.org.uk](http://www.relate.org.uk)